

## Nebraska Association USATF Multi-Event - 6/12/2010 to 6/13/2010

## Doane College

## Crete, NE

## Results

## Event 1 Heptathlon Young Women

Name	Year Team	Finals
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## Finals

1 Goechnour, Alexandria	Cornhusker Flyers	5143
2 Nichols, Clara	Cornhusker Flyers	3649

## Event 1 Heptathlon: #1 100 Meter Hurdles 33" Young Women Heptathlon

Name	Year Team	Finals	Points
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1 Goechnour, Alexandria	Cornhusker Flyers	14.44	917
2 Nichols, Clara	Cornhusker Flyers	21.04	222

## Event 1 Heptathlon: #2 High Jump Young Women Heptathlon

Name	Year Team	Finals	Points
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1 Goechnour, Alexandria	Cornhusker Flyers	1.63m	5-04.25 771
2 Nichols, Clara	Cornhusker Flyers	1.45m	4-09.00 566

## Event 1 Heptathlon: #3 Shot Put 4k Young Women Heptathlon

Name	Year Team	Finals	Points
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1 Goechnour, Alexandria	Cornhusker Flyers	10.62m	34-10.25 570
2 Nichols, Clara	Cornhusker Flyers	7.59m	24-11.00 373

## Event 1 Heptathlon: #4 200 Meter Dash Young Women Heptathlon

Name	Year Team	Finals	Points
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1 Goechnour, Alexandria	Cornhusker Flyers	24.64	920
2 Nichols, Clara	Cornhusker Flyers	25.84	811

## Event 1 Heptathlon: #5 Long Jump Young Women Heptathlon

Name	Year Team	Finals	Points
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1 Goechnour, Alexandria	Cornhusker Flyers	5.39m	17-08.25 668
2 Nichols, Clara	Cornhusker Flyers	4.50m	14-09.25 428

## Event 1 Heptathlon: #6 Javelin Throw 600g Young Women Heptathlon

Name	Year Team	Finals	Points
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1 Goechnour, Alexandria	Cornhusker Flyers	32.60m	106-11 526
2 Nichols, Clara	Cornhusker Flyers	28.70m	94-02 452

## Event 1 Heptathlon: #7 800 Meter Run Young Women Heptathlon

Name	Year Team	Finals	Points
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1 Nichols, Clara	Cornhusker Flyers	2:22.00	797
2 Goechnour, Alexandria	Cornhusker Flyers	2:23.90	771

**Nebraska Association USATF Multi-Event - 6/12/2010 to 6/13/2010****Doane College****Crete, NE****Results****Event 3 Outdoor Pentathlon Youth Girls**

Name	Year Team	Finals
1 Hajek-Jones, Emma	Unattached	745

**Event 3 Outdoor Pentathlon: #1 100 Meter Hurdles 30" Youth Girls Outdoor Pentath**

Name	Year Team	Finals	Points
1 Hajek-Jones, Emma	Unattached	24.34	44

**Event 3 Outdoor Pentathlon: #2 Shot Put 6lb Youth Girls Outdoor Pentathlon**

Name	Year Team	Finals	Points
1 Hajek-Jones, Emma	Unattached	6.74m	22-01.50 318

**Event 3 Outdoor Pentathlon: #3 High Jump Youth Girls Outdoor Pentathlon**

Name	Year Team	Finals	Points
1 Hajek-Jones, Emma	Unattached	1.07m	3-06.00 197

**Event 3 Outdoor Pentathlon: #4 Long Jump Youth Girls Outdoor Pentathlon**

Name	Year Team	Finals	Points
1 Hajek-Jones, Emma	Unattached	3.15m	10-04.00 133

**Event 3 Outdoor Pentathlon: #5 800 Meter Run Youth Girls Outdoor Pentathlon**

Name	Year Team	Finals	Points
1 Hajek-Jones, Emma	Unattached	3:47.34	53

**Event 4 Outdoor Pentathlon Youth Boys**

Name	Year Team	Finals
1 Krajicek, Joseph	Bellevue Breeze	1527
2 Muholland, Matthew	Bellevue Breeze	633

**Event 4 Outdoor Pentathlon: #1 100 Meter Hurdles 30" Youth Boys Outdoor Pentathl**

Name	Year Team	Finals	Points
1 Krajicek, Joseph	Bellevue Breeze	20.74	293
2 Muholland, Matthew	Bellevue Breeze	27.14	10

**Event 4 Outdoor Pentathlon: #2 Shot Put 4k Youth Boys Outdoor Pentathlon**

Name	Year Team	Finals	Points
1 Krajicek, Joseph	Bellevue Breeze	9.70m	31-10.00 468
2 Muholland, Matthew	Bellevue Breeze	5.64m	18-06.00 228

**Nebraska Association USATF Multi-Event - 6/12/2010 to 6/13/2010**

**Doane College**

**Crete, NE**

**Results**

**Event 4 Outdoor Pentathlon: #3 High Jump Youth Boys Outdoor Pentathlon**

Name	Year Team	Finals	Points
1 Krajicek, Joseph	Bellevue Breeze	1.42m	4-07.75 331
2 Muholland, Matthew	Bellevue Breeze	1.22m	4-00.00 200

**Event 4 Outdoor Pentathlon: #4 Long Jump Youth Boys Outdoor Pentathlon**

Name	Year Team	Finals	Points
1 Krajicek, Joseph	Bellevue Breeze	4.65m	15-03.25 317
2 Muholland, Matthew	Bellevue Breeze	3.50m	11-05.75 130

**Event 4 Outdoor Pentathlon: #5 1500 Meter Run Youth Boys Outdoor Pentathlon**

Name	Year Team	Finals	Points
1 Krajicek, Joseph	Bellevue Breeze	6:42.44	118
2 Muholland, Matthew	Bellevue Breeze	7:03.74	65

**Event 5 Decathlon Young Men**

Name	Year Team	Finals	Points
1 Ingold, John	Bellevue Breeze	4543	

**Event 5 Decathlon: #1 100 Meter Dash Young Men Decathlon**

Name	Year Team	Finals	Points
1 Ingold, John	Bellevue Breeze	12.24	605

**Event 5 Decathlon: #2 Long Jump Young Men Decathlon**

Name	Year Team	Finals	Points
1 Ingold, John	Bellevue Breeze	5.61m	18-05.00 504

**Event 5 Decathlon: #3 Shot Put 12lb Young Men Decathlon**

Name	Year Team	Finals	Points
1 Ingold, John	Bellevue Breeze	10.52m	34-06.25 517

**Event 5 Decathlon: #4 High Jump Young Men Decathlon**

Name	Year Team	Finals	Points
1 Ingold, John	Bellevue Breeze	1.59m	5-02.50 457

**Event 5 Decathlon: #5 400 Meter Dash Young Men Decathlon**

Name	Year Team	Finals	Points
1 Ingold, John	Bellevue Breeze	57.54	501

**Nebraska Association USATF Multi-Event - 6/12/2010 to 6/13/2010****Doane College****Crete, NE****Results****Event 5 Decathlon: #6 110 Meter Hurdles 39" Young Men Decathlon**

Name	Year Team	Finals	Points
1 Ingold, John	Bellevue Breeze	19.10	424

**Event 5 Decathlon: #7 Discus Throw 1.6k Young Men Decathlon**

Name	Year Team	Finals	Points
1 Ingold, John	Bellevue Breeze	22.34m	73-03 316

**Event 5 Decathlon: #8 Pole Vault Young Men Decathlon**

Name	Year Team	Finals	Points
1 Ingold, John	Bellevue Breeze	2.63m	8-07.50 271

**Event 5 Decathlon: #9 Javelin Throw 800g Young Men Decathlon**

Name	Year Team	Finals	Points
1 Ingold, John	Bellevue Breeze	37.30m	122-04 403

**Event 5 Decathlon: #10 1500 Meter Run Young Men Decathlon**

Name	Year Team	Finals	Points
1 Ingold, John	Bellevue Breeze	5:02.50	545

**Event 6 Decathlon Intermediate Boys**

Name	Year Team	Finals
1 Baker, Jett	Bellevue Breeze	5091
2 Mulholland, Mitchell	Bellevue Breeze	4414

**Event 6 Decathlon: #1 100 Meter Dash Intermediate Boys Decathlon**

Name	Year Team	Finals	Points
1 Baker, Jett	Bellevue Breeze	11.74	703
2 Mulholland, Mitchell	Bellevue Breeze	12.44	567
3 Melcher, Jacob	Fremont Track Club	13.34	412

**Event 6 Decathlon: #2 Long Jump Intermediate Boys Decathlon**

Name	Year Team	Finals	Points
1 Baker, Jett	Bellevue Breeze	6.05m	19-10.25 597
2 Mulholland, Mitchell	Bellevue Breeze	5.59m	18-04.25 500
3 Melcher, Jacob	Fremont Track Club	4.58m	15-00.50 304

**Nebraska Association USATF Multi-Event - 6/12/2010 to 6/13/2010****Doane College****Crete, NE****Results****Event 6 Decathlon: #3 Shot Put 121b Intermediate Boys Decathlon**

Name	Year Team	Finals	Points
1 Mulholland, Mitchell	Bellevue Breeze	9.66m 31-08.50	465
2 Baker, Jett	Bellevue Breeze	9.59m 31-05.75	461
3 Melcher, Jacob	Fremont Track Club	8.50m 27-10.75	396

**Event 6 Decathlon: #4 High Jump Intermediate Boys Decathlon**

Name	Year Team	Finals	Points
1 Baker, Jett	Bellevue Breeze	1.79m 5-10.50	619
2 Mulholland, Mitchell	Bellevue Breeze	1.64m 5-04.50	496
3 Melcher, Jacob	Fremont Track Club	1.39m 4-06.75	310

**Event 6 Decathlon: #5 400 Meter Dash Intermediate Boys Decathlon**

Name	Year Team	Finals	Points
1 Baker, Jett	Bellevue Breeze	55.34	585
2 Mulholland, Mitchell	Bellevue Breeze	1:02.94	319
3 Melcher, Jacob	Fremont Track Club	1:11.94	100

**Event 6 Decathlon: #6 110 Meter Hurdles Intermediate Boys Decathlon**

Name	Year Team	Finals	Points
1 Mulholland, Mitchell	Bellevue Breeze	17.80	543
2 Baker, Jett	Bellevue Breeze	18.50	477
-- Melcher, Jacob	Fremont Track Club	DNF	

**Event 6 Decathlon: #7 Discus Throw 1.6k Intermediate Boys Decathlon**

Name	Year Team	Finals	Points
1 Mulholland, Mitchell	Bellevue Breeze	28.50m 93-06	435
2 Baker, Jett	Bellevue Breeze	28.40m 93-02	433

**Event 6 Decathlon: #8 Pole Vault Intermediate Boys Decathlon**

Name	Year Team	Finals	Points
1 Baker, Jett	Bellevue Breeze	2.93m 9-07.25	340
2 Mulholland, Mitchell	Bellevue Breeze	2.63m 8-07.50	271
-- Melcher, Jacob	Fremont Track Club	DNF	

**Event 6 Decathlon: #9 Javelin Throw 800g Intermediate Boys Decathlon**

Name	Year Team	Finals	Points
1 Baker, Jett	Bellevue Breeze	43.84m 143-10	498
2 Mulholland, Mitchell	Bellevue Breeze	39.27m 128-10	432
-- Melcher, Jacob	Fremont Track Club	DNF	

**Nebraska Association USATF Multi-Event - 6/12/2010 to 6/13/2010****Doane College****Crete, NE****Results****Event 6 Decathlon: #10 1500 Meter Run Intermediate Boys Decathlon**

Name	Year Team	Finals	Points
1 Mulholland, Mitchell	Bellevue Breeze	5:32.70	386
2 Baker, Jett	Bellevue Breeze	5:34.40	378
-- Melcher, Jacob	Fremont Track Club	DNF	

**Event 7 Outdoor Pentathlon Midget Girls**

Name	Year Team	Finals
1 Kuck, Jordan	Lytic	2185
2 Medill, Kathleen	Lincoln Jets	2184
3 Alexander, Morgan	Unattached	1732
4 Asche, Madison	Cornhusker Flyers	1660
5 Meyer, Kirsten	Omaha Racers	1522
6 Scranton, Shaylee	Unattached	1418
7 Mingo, Madison	Omaha Racers	1308
8 Dengel, Kaylie	Bellevue Breeze	1162
9 Renn, Madison	Lytic	574
10 Williams, Nadia	Midwest Striders	485

**Event 7 Outdoor Pentathlon: #1 80 Meter Hurdles 30" Midget Girls Outdoor Pentath**

Name	Year Team	Finals	H#	Points
1 Medill, Kathleen	Lincoln Jets	15.44	3	652
2 Kuck, Jordan	Lytic	16.74	1	498
3 Asche, Madison	Cornhusker Flyers	17.54	1	413
4 Meyer, Kirsten	Omaha Racers	17.64	2	402
5 Alexander, Morgan	Unattached	17.74	2	392
6 Mingo, Madison	Omaha Racers	17.84	1	383
7 Dengel, Kaylie	Bellevue Breeze	18.44	3	325
8 Scranton, Shaylee	Unattached	20.44	2	166
9 Renn, Madison	Lytic	27.84	3	
10 Williams, Nadia	Midwest Striders	34.94	3	

**Event 7 Outdoor Pentathlon: #2 Shot Put 6lb Midget Girls Outdoor Pentathlon**

Name	Year Team	Finals	Points
1 Kuck, Jordan	Lytic	7.19m	23-07.25 347
2 Scranton, Shaylee	Unattached	6.85m	22-05.75 325
3 Medill, Kathleen	Lincoln Jets	6.75m	22-01.75 319
4 Dengel, Kaylie	Bellevue Breeze	6.70m	21-11.75 316
5 Alexander, Morgan	Unattached	6.65m	21-10.00 313
6 Asche, Madison	Cornhusker Flyers	5.63m	18-05.75 248
7 Meyer, Kirsten	Omaha Racers	5.23m	17-02.00 223
8 Mingo, Madison	Omaha Racers	5.05m	16-07.00 211
9 Williams, Nadia	Midwest Striders	4.71m	15-05.50 190
10 Renn, Madison	Lytic	3.87m	12-08.50 138

**Nebraska Association USATF Multi-Event - 6/12/2010 to 6/13/2010****Doane College****Crete, NE****Results****Event 7 Outdoor Pentathlon: #3 High Jump Midget Girls Outdoor Pentathlon**

Name	Year Team	Finals	Points
1 Medill, Kathleen	Lincoln Jets	1.53m 5-00.25	655
2 Kuck, Jordan	Lytic	1.32m 4-04.00	429
3 Scranton, Shaylee	Unattached	1.22m 4-00.00	331
3 Alexander, Morgan	Unattached	1.22m 4-00.00	331
5 Meyer, Kirsten	Omaha Racers	1.17m 3-10.00	284
5 Mingo, Madison	Omaha Racers	1.17m 3-10.00	284
5 Asche, Madison	Cornhusker Flyers	1.17m 3-10.00	284
8 Dengel, Kaylie	Bellevue Breeze	1.02m 3-04.00	156
8 Renn, Madison	Lytic	1.02m 3-04.00	156
10 Williams, Nadia	Midwest Striders	0.96m 3-01.75	111

**Event 7 Outdoor Pentathlon: #4 Long Jump Midget Girls Outdoor Pentathlon**

Name	Year Team	Finals	Points
1 Kuck, Jordan	Lytic	4.18m 13-08.75	350
2 Medill, Kathleen	Lincoln Jets	3.88m 12-08.75	281
3 Meyer, Kirsten	Omaha Racers	3.82m 12-06.50	267
4 Mingo, Madison	Omaha Racers	3.77m 12-04.50	257
4 Asche, Madison	Cornhusker Flyers	3.77m 12-04.50	257
6 Scranton, Shaylee	Unattached	3.58m 11-09.00	216
7 Alexander, Morgan	Unattached	3.48m 11-05.00	196
8 Williams, Nadia	Midwest Striders	3.15m 10-04.00	133
9 Renn, Madison	Lytic	2.73m 8-11.50	65
10 Dengel, Kaylie	Bellevue Breeze	2.48m 8-01.75	31

**Event 7 Outdoor Pentathlon: #5 800 Meter Run Midget Girls Outdoor Pentathlon**

Name	Year Team	Finals	Points
1 Kuck, Jordan	Lytic	2:41.00	561
2 Alexander, Morgan	Unattached	2:46.60	500
3 Asche, Madison	Cornhusker Flyers	2:50.50	458
4 Scranton, Shaylee	Unattached	2:58.40	380
5 Meyer, Kirsten	Omaha Racers	3:02.10	346
6 Dengel, Kaylie	Bellevue Breeze	3:03.40	334
7 Medill, Kathleen	Lincoln Jets	3:10.10	277
8 Renn, Madison	Lytic	3:18.20	215
9 Mingo, Madison	Omaha Racers	3:24.30	173
10 Williams, Nadia	Midwest Striders	3:47.90	51

**Event 8 Outdoor Pentathlon Midget Boys**

Name	Year Team	Finals
1 Swanson, Gabe	Lincoln Jets	1531
2 Selig, Jackson	Lincoln Jets	1224

**Nebraska Association USATF Multi-Event - 6/12/2010 to 6/13/2010****Doane College****Crete, NE****Results****Event 8 Outdoor Pentathlon: #1 80 Meter Hurdles 30" Midget Boys Outdoor Pentathlon**

Name	Year Team	Finals	Points
1 Swanson, Gabe	Lincoln Jets	15.54	567
2 Selig, Jackson	Lincoln Jets	15.94	523

**Event 8 Outdoor Pentathlon: #2 Shot Put 6lb Midget Boys Outdoor Pentathlon**

Name	Year Team	Finals	Points
1 Swanson, Gabe	Lincoln Jets	7.78m	25-06.25 353
2 Selig, Jackson	Lincoln Jets	5.24m	17-02.25 205

**Event 8 Outdoor Pentathlon: #3 High Jump Midget Boys Outdoor Pentathlon**

Name	Year Team	Finals	Points
1 Swanson, Gabe	Lincoln Jets	1.25m	4-01.25 218
2 Selig, Jackson	Lincoln Jets	1.20m	3-11.25 188

**Event 8 Outdoor Pentathlon: #4 Long Jump Midget Boys Outdoor Pentathlon**

Name	Year Team	Finals	Points
1 Swanson, Gabe	Lincoln Jets	3.81m	12-06.00 176
2 Selig, Jackson	Lincoln Jets	3.53m	11-07.00 135

**Event 8 Outdoor Pentathlon: #5 1500 Meter Run Midget Boys Outdoor Pentathlon**

Name	Year Team	Finals	Points
1 Swanson, Gabe	Lincoln Jets	6:12.00	217
2 Selig, Jackson	Lincoln Jets	6:24.40	173

**Event 9 Triathlon Bantam Girls**

Name	Year Team	Finals
1 Saltzman, Maranda	Bellevue Breeze	811
2 Medill, Josie	Lincoln Jets	767
3 Berreckman, Kennedy	Cozad Track Club	669
4 Whisenhunt, Keondra	Bellevue Breeze	246

**Event 9 Triathlon: #1 Shot Put 6lb Bantam Girls Triathlon**

Name	Year Team	Finals	Points
1 Berreckman, Kennedy	Cozad Track Club	5.51m	18-01.00 240
2 Saltzman, Maranda	Bellevue Breeze	4.91m	16-01.50 203
3 Medill, Josie	Lincoln Jets	4.72m	15-06.00 191
4 Whisenhunt, Keondra	Bellevue Breeze	4.29m	14-01.00 164



**Nebraska Association USATF Multi-Event - 6/12/2010 to 6/13/2010****Doane College****Crete, NE****Results****Event 9 Triathlon: #2 High Jump Bantam Girls Triathlon**

Name	Year Team	Finals	Points
1 Medill, Josie	Lincoln Jets	1.22m	4-00.00 331
1 Berreckman, Kennedy	Cozad Track Club	1.22m	4-00.00 331
3 Saltzman, Maranda	Bellevue Breeze	1.16m	3-09.50 275
-- Whisenhunt, Keondra	Bellevue Breeze	NH	

**Event 9 Triathlon: #3 200 Meter Dash Bantam Girls Triathlon**

Name	Year Team	Finals	Points
1 Saltzman, Maranda	Bellevue Breeze	32.30	333
2 Medill, Josie	Lincoln Jets	33.90	245
3 Berreckman, Kennedy	Cozad Track Club	37.30	98
4 Whisenhunt, Keondra	Bellevue Breeze	37.80	82

**Event 10 Triathlon Bantam Boys**

Name	Year Team	Finals
1 Mingo, Cole	Omaha Racers	380
2 Fye, Zach	Unattached	283
3 Ballew, Branden	Midwest Striders	124

**Event 10 Triathlon: #1 Shot Put 61b Bantam Boys Triathlon**

Name	Year Team	Finals	Points
1 Mingo, Cole	Omaha Racers	5.32m	17-05.50 209
2 Fye, Zach	Unattached	5.20m	17-00.75 202
3 Ballew, Branden	Midwest Striders	3.43m	11-03.00 102

**Event 10 Triathlon: #2 High Jump Bantam Boys Triathlon**

Name	Year Team	Finals	Points
1 Mingo, Cole	Omaha Racers	1.05m	3-05.25 105
2 Fye, Zach	Unattached	1.00m	3-03.25 81
3 Ballew, Branden	Midwest Striders	0.85m	2-09.50 22

**Event 10 Triathlon: #3 400 Meter Dash Bantam Boys Triathlon**

Name	Year Team	Finals	Points
1 Mingo, Cole	Omaha Racers	1:14.00	66
2 Ballew, Branden	Midwest Striders	1:29.00	
3 Fye, Zach	Unattached	1:29.80	