

BLAIR TRACK CLUB OPEN TRACK AND FIELD MEET

*Nebraska Association Masters State Championships*

DATE: Sunday JUNE 22, 2014 LOCATION: BLAIR HIGH SCHOOL: 440 N. 10th STREET

FIELD EVENTS: 11:00am

RUNNING EVENTS: *see schedule*

AGE GROUPS: Open (age 1-24); 25-29,30-34,35-39,40-44,45-49,50-54,55-59,60-64,65-69,70-74,75-79,80-84,85-89,90-94.

Entry Fee: \$ 6 per event (\$10 day of meet)

Order of Events:**11:00** female shot put followed by male. Male Discus followed by female. High Jump, female than male and Long Jump, male than female **1:00** Javelin (ALL FIELD EVENTS ARE SIX ATTEMPTS)  
Pole Vault **12:00**

**9:30** 3000 run **12:30** 800 run **12:45** Race walk **1:00** 100 dash **1:20** 400 relay **1:30** 400 dash **2:00** 1500 run  
**2:15** 200 dash **2:30** Parent Child Relay (or friends, relatives or strangers) 7 & under child runs 100, parent runs 200; 8-11 age child and parent run 200; and 12 and above, both run 200.

Information/return to: Mike & Sandy Maryott; 1485 South Street; Blair, NE 68008. (402) 426-5955  
email: [mikedmaryott@hotmail.com](mailto:mikedmaryott@hotmail.com)

Age group determined as of date of meet.

Waiver must be signed by Parent/Adult: In consideration of your acceptance of my entry, I hereby for myself, my heirs, and executor, waive and release any and all rights and claims for damages against Blair Track Club, the city of Blair, and Blair Community Schools, this event, their agents, representatives, successors, and assigns for any and all injuries suffered by me in said event.

\_\_\_\_\_ (Parent/guardian) \_\_\_\_\_ (Date)

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Address \_\_\_\_\_ Sex \_\_\_\_\_

Events Entered (best mark in event)

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