REGISTRATION FORM
HEARTLAND GOLDEN GAMES

USATF Missouri Valley Association Senior Masters Championships
Senior Masters Track & Field Meet

Saturday, May 20th 2017

You must register online at www.directathletics.com
Mail Waiver Form and Check to: Senior Services of Wichita, 200 South Walnut, Wichita, KS 67213
Or Email to: STCsprinter@gmail.com Checks payable to “Senior Services, Inc. of Wichita”

REGISTRATION: $40.
(Price includes access to any of the HEARTLAND GOLDEN GAMES EVENTS as a participant, a T-shirt and lunch)
For More Information call Larry Staton at 316-214-4655

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To participate in the following events, you must register online at www.directathletics.com

____ 55 Meter  ____ 1500 Meter  ____ 300 M Hurdles  ____ Javelin  ____ Weight Throw
____ 100 Meter  ____ 3000 Meter  ____ 400 M Hurdles  ____ Standing Long Jump
____ 200 Meter  ____ 5000 Meter  ____ Long Jump  ____ Shot Put  ____ Super Wt Throw
____ 300 Meter  ____ 80 M Hurdles  ____ High Jump  ____ Discus  ____ Pole Vault
____ 400 Meter  ____ 100 M Hurdles  ____ Triple Jump  ____ Hammer  ____ Softball Throw
____ 800 Meter  ____ 1500 Meter RaceWalk

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Name: ___________________________ M__ F__ Date of Birth ___________ Age Group _________________________
Phone: ___________________________ Street Address _____________________________
City State ZIP ___________________________ Email Address _____________________________
T-Shirt(s) FREE ___Sm ___Med ___Lg ___XL ___XXL ___XXXL
SCHEDULE OF EVENTS
HEARTLAND GOLDEN GAMES

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FIELD EVENTS
9:00 ---------- Long Jump, Standing Long Jump, Triple Jump and Shot Put
10:00 ---------- Pole Vault, Javelin
11:00 ---------- High Jump, Discus, Weight Throw
12:00 ---------- Hammer Throw
1:45 ---------- Softball Throw (To be held on the Football Field)

RUNNING EVENTS
(No Rolling Schedule will be applied.)
1:30 ---------- 100 Meter Dash
1:45 ---------- 3000 Meter Run
2:10 ---------- 55 Meter Dash
2:25 ---------- 1500 Meter Run
2:45---------- 80/100 Hurdles
3:05 ---------- 800 Meter Run
3:25 ---------- 200 Meter Dash
3:50 ---------- 1500 Meter Racewalk
4:05 ---------- 300 Meter Dash
4:05 ---------- 300 Meter Hurdles
4:10 ---------- 400 Meter Hurdles
4:25 ---------- 5000 Meter Run
4:45 ---------- 400 Meter Dash

Competetion Venue:
Hoyt Athletic Field, Friends University, 2100 W University St, Wichita, KS
HEARTLAND GOLDEN GAMES
Senior Masters Track & Field Meet
LIABILITY WAIVER
(Must be signed to compete in The Heartland Golden Games Track & Field Meet)

In consideration of being allowed to participate in, or assisting others in participating in The Heartland Golden Games Track & Field Meet, its related events and activities, the undersigned acknowledges, appreciates, and agrees that: 1. The risk of injury involved in this program is significant, including the potential for permanent paralysis and death, and while particular skills, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and, 2. I knowingly and freely assume all such risks, both known and unknown, even if arising from the negligence of the releasees or others, and assume full responsibility for my participation; and 3. I willingly agree to comply with the stated and customary terms and conditions for participation. If, however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately; and, 4. I, for myself, and on behalf of my heirs, assign personal representatives and next of kin, hereby release and hold harmless The Heartland Golden Games and Friends University, their officers, officials, agents and/or employees, other participants, sponsoring agencies, advertisers, sponsors, and, if applicable, owners and lessors of premises used to conduct the event (“releasees”), and in particular, Senior Services of Wichita and Friends University, with respect to any and all injury, disability, death, or loss or damage to person or property, whether arising from the negligence of the releasees or otherwise.

I have read this release of liability and assumption of risk agreement, fully understand its terms, understand that I have given up substantial rights by signing it, and sign it freely and voluntarily without any inducement.

SIGN HERE TO PARTICIPATE

***** ___________________________ ___________________________ *****
Participant’s Signature  Name of Participant  Date

By affixing my signature hereto, I attest that I am physically fit and have trained sufficiently for the activities in which I intend to participate and the events I have chosen to enter. The Heartland Golden Games and its representatives, employees, and volunteers have permission to obtain immediate medical care and I consent to hospitalization, the performance of necessary diagnostic tests, the use of surgery, and/or the administration of drugs in an emergency. I understand that I am responsible for payment of medical expenses.

Name of Insurance Policy: ______________________________________________________________

Physician’s Name: _________________________________ Physician’s Phone #: __________________

Emergency Contact Person: ________________________________ Relationship: __________________

Emergency Contact’s Phone #: _______________________________