THE DATE HAS BEEN SET FOR THE

SHOCKER TRACK CLUB

Wichita Masters/Open Track & Field Meet **USATF Missouri Valley Assoc. Masters Championships** Saturday, September 30, 2017



Cessna Stadium, Wichita State University, Wichita, Kansas East of N. Hillside on 21st Street



Entry Fee: \$40 per Athlete (5 Events) \$5 per Additional Event **Open Athletes \$15** Youth Pole Vault \$10.

USATF Sanctioned

Contact: Larry Staton, STCsprinter@gmail.com Registration Information is Forthcoming.

The meet is open to all men and women ages 19 through 90+ including Open athletes ages 19-29. Masters athletes ages 30 and older will compete in 5-year age groups (i.e. 30-34, 35-39 and so on). Several age groups may race in the same race/final. Medals awarded according to Age Group. Age Groups determined by age, as of 9/30/17

To receive a USATF Championships Medal, athletes must have a current USATF Membership. Non USATF members will receive Wichita Masters/Open medals.

FIELD EVENTS TO BE CONTESTED

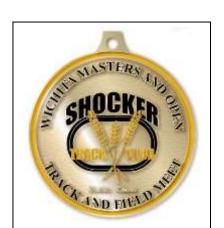
Hammer Throw, Weight Throw, Super Weight Throw, Discus, Shot Put, Long Jump, Standing Long Jump, Triple Jump, Javelin, Pole Vault, High Jump, YOUTH POLE VAULT

TENTATIVE SCHEDULE (SUBJECT TO CHANGE)

11:00 A.M. ----- Envision 100 Meter Dash

1:10 P.M. Running EVENTS

FAT times for the following running events:



- 1:10 ----- 3000 Meter Run
- 1:30 ----- 100 Meter Dash (Masters & Open)
- 1:45 ----- 800 Meter Run 2:00 ----- 55 Meter Dash
- 2:15 ----- 80/100/110M Hurdles
- 2:35 ----- 200 Meter Dash
- **2:50** -----1500 Meter Racewalk
- 3:15 -----300 M Dash
- 3:30 -----1500 Meter Run
- 3:45 -----300/400 M Hurdles 4:00 -----400 Meter Dash
- 4:15 ----- 5,000 Meter Run
- 4:30 ----- 4X100 Relay

Events will be run according to the above time schedule. No rolling schedule will be applied.