



Peak Performance Track Club Invitational

Saturday, June 9, 2018 – 8:00 a.m.

Bryan High School - 4700 Giles Road - Omaha, Nebraska

Number of events: 8-Under, 9-10, 11-12 – 3 events. 13-14, 15-16, 17-18 – 4 events. Relays count as 1 event.

Entry Fees: \$5.00 per event if received by phone, e-mail or snail-mail on/before Tuesday, June 5

\$5.00 per event for all Team Manager files received on/before Wednesday June 6
(Please e-mail Team Manager files to Darwin Gushard at darwin1984@yahoo.com.)

\$8.00 per event if received by phone, e-mail or snail-mail between Wed., June 6 and Friday, June 8

\$12.00 per event the day of the meet – meet day entries close at 8:00 a.m.
(There will also be a \$12.00 fee the day of the meet for each event change.)

All entry fees are non-refundable. Individual entries will not be accepted without payment. Download an individual entry form [here](#). Mail entry fees to Joyce Grigsby, 2016 Ohio Street, Omaha NE 68110. Please make check payable to “Peak Performance Track Club of Omaha”.

Competitors must have a 2018 USATF membership card to participate. USATF memberships can be purchased at the meet or online at www.nebraskausatf.org – \$20 for youth (proof of age required) and \$30 for adults. Contact Cindy DeSantiago at neusatfreg@aol.com or 15904 “O” Circle, Omaha NE 68135 with USATF membership questions.

Gates open at 7:30 a.m. Admission: Adults \$4, kids 6-12 \$2, 5 & under free. USATF members admitted free with valid 2018 USATF membership card. Concessions will be served on the west side of the stadium.

Awards: Medals for 1st, 2nd, and 3rd place. Ribbons for 4th, 5th, and 6th place.

For more information, please contact meet director Joyce Grigsby at (402) 305-8803 or pptfc1@gmail.com.

SCHEDULE OF FIELD EVENTS:

All field events (except high jump) will have 4 attempts and no finals.

Starting time: **8:00 a.m.**

Long Jump pit #1: Boys 8 & UNDER, 9 -10, 11 - 12, 13 - 14, 15 – 16, 17 - 18

Triple Jump pit #1: Boys 13 - 14, 15 – 16, 17 - 18

Long Jump pit #2: Girls 8 & UNDER, 9 -10, 11 - 12, 13 - 14, 15 – 16, 17 - 18

Triple Jump pit #2: Girls 13 - 14, 15 – 16, 17 - 18

(Triple jump will be held after the long jump finals are completed)

High Jump: 17 – 18, 15 - 16, 13 - 14, 15 - 16, 13 - 14, 11 - 12, 9 -10

Shot Put – Shot: 8 & Under Girls, 8 & Under Boys, 9-10 Girls, 9-10 Boys, 11-12 Girls, 11-12 Boys, 13-14 Girls, 13-14 Boys, 15-16 Girls, 17-18 Girls, 15-16 Boys, 17-18 Boys

Discus – 11-12 Girls, 11-12 Boys, 13-14 Girls, 13-14 Boys, 15-16 Girls, 17-18 Girls, 15-16 Boys, 17-18 Boys

Javelin/Mini-Javelin – 15-16 Girls, 17-18 Girls, 15-16 Boys, 17-18 Boys, 8 & Under Girls, 8 & Under Boys, 9-10 Girls, 9-10 Boys, 11-12 Girls, 11-12 Boys, 13-14 Girls, 13-14 Boys

SCHEDULE OF TRACK EVENTS:

“Standard order” will be: 8 & Under Girls, 8 & Under Boys, 9-10 Girls, 9-10 Boys, 11-12 Girls, 11-12 Boys, 13-14 Girls, 13-14 Boys, 15-16 Girls, 15-16 Boys, 17-18 Girls, 17-18 Boys

Starting time: **8:30 a.m.**

3000m run: 11 - 12, 13 - 14, 15 - 16, 17 – 18 *finals* (Groups may be combined)

80m hurdles: 11 - 12 *finals by time comparison*

100m/110m hurdles: 13 – 14, 15 - 16, 17 - 18 *finals by time comparison*

100m dash: standard order *qualifying (TOP 8 ADVANCE)*

400m dash: standard order *finals by time comparison*

Break (if possible)

4x800m relay standard order *finals by time comparison* (Groups may be combined)

200m dash: standard order *finals by time comparison*

800m run: standard order *finals*

100m dash: standard order *finals*

200m hurdles/400m hurdles: 13 - 14, 15 - 16, 17 - 18 *finals by time comparison*

1500m run: standard order *finals* (Groups may be combined)

4x100m relay: standard order *finals by time comparison* (Groups may be combined)

4x400m relay: standard order *finals by time comparison* (Groups may be combined)

Competitors must stay alert to announcements over the P.A. system!

Announcements of any changes the day of the meet take precedence over the printed schedule.

For more information, contact meet director Joyce Grigsby at (402) 305-8803 or pptfc1@gmail.com.