



COMBINED EVENTS MEET

June 8-9, 2019

Lincoln High School
Lincoln, NE

Sponsored by Lincoln Youth Track Club

Saturday June 8th

9:30 a.m. Decathlon
10:00 Heptathlon

Sunday June 9th

11:00 Triathlon 9-10
11:00 Decathlon
11:15 Heptathlon
12:00 Pent 11-12 B/G
12:30 Pent 13-14 B/G

Sunday June 9th

Throws Only Triathlon
1:30 11-12 B/G
1:30 13-14 B/G
2:00 15-16 B/G
2:00 17-18 B/G

9-10 B/G Triathlon - \$18.00 Shot Put (6lb) High Jump, 200G/400B	Throw Triathlon \$18.00 (11/12/13-14/15-16/17-18) Shot Put, Discus, Javelin
11-12 B/G Pentathlon - \$30.00 80m Hurdles, Shot Put, High Jump, Long Jump, 800G/1500B	
13-14 B/G Pentathlon - \$30.00 100m Hurdles, Shot Put, High Jump, Long Jump, 800G/1500B	
Heptathlon - \$42.00 Day 1 100m Hurdles, High Jump, Shot Put, 200m Day 2 Long Jump, Javelin, 800m	
Decathlon - \$60.00 Day 1 100m, Discus, Pole Vault, Javelin, 800m Day 2 100m Hurdles Long Jump, Shot Put, High Jump, 1500m	

USATF Rules will be used for this meet.

Day of meet registration will be taken.

Payment to: LYTC

Gates open at 8:00 a.m. \$5.00 for Adults, \$2.00 for non-competing children under 18 years of age.

For additional information email: LincolnYouthTrack@gmail.com



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Athlete Information:

First Last Name _____

Male or Female DATE OF BIRTH ___ / ___ / _____

USATF MEMBERSHIP # _____

CLUB NAME _____

If unattached, please enter Athlete's Home Address

Address _____ City _____ State _____ Zip _____

Indicate the following (You may only select one competition)

- | | | | | |
|--------------------------|---------|------------------|-------|-------------|
| <input type="checkbox"/> | \$18.00 | TRIATHLON | 9-10 | |
| <input type="checkbox"/> | \$30.00 | PENTATHLON | 11-12 | 13-14 |
| <input type="checkbox"/> | \$42.00 | HEPTATHLON | 15-16 | 17-18 WOMEN |
| <input type="checkbox"/> | \$60.00 | DECATHLON | 15-16 | 17-18 MEN |
| <input type="checkbox"/> | \$18.00 | THROWS TRIATHLON | | |

NAME OF PERSON SUBMITTING ENTRY FORM

LEGAL PARENT OR GUARDIAN SIGNATURE _____

E-MAIL ADDRESS _____

PHONE _____

EMAIL ENTRY FORM TO LincolnYouthTrack@gmail.com

Payment may be made day of meet, prior to the start of competition.

"In consideration for being allowed to participate in this track meet, I release from liability and waive my right to sue Lincoln Youth Track Club, their officers, volunteers and agents from any and all claims, including claims of negligence, resulting in any physical injury, illness (including death) or economic loss I may suffer or which may result from my child/children's participation in this event, travel to and from the track meet or any events incidental to this event. .