

Omaha Running Club 5th Annual Jim McMahon Open Track Meet

For ALL AGES!



When: June 12, 2022

Where: Westside High School Track,
87th and Pacific St.

Events:	<u>Field:</u>	<u>Track:</u>
	Long Jump	100, 100h, 200,
	High Jump	400, 800, 1,600,
	Shot, Discus.	5,000m
	Javelin	

Schedule of Events:

7:00 - 8:00 a.m.	Race Day Registration
8:00 a.m.	Long Jump, High Jump, Shot, Disc, Javelin
9:00 a.m.	Running Events Begin
(rolling schedule)	100 meter hurdles 100 meter dash 1,600 meter run 400 meter dash 200 meter dash 800 meter run 5,000 meter run

EASY ONLINE REGISTRATION!

Go to: <https://bit.ly/2022McMahon>

OR

- 1) Go to omaharun.org/race-calendar
- 2) On the calendar, go to June 12
- 3) Click the link to register and fill it out!

OR

Use this QR code on your phone!



*You will have the option to select either paying by credit card or a check. Just note: if paying by check, we MUST receive the payment by June 1 to receive a t-shirt!

Entry Fee: \$25 (up to four events!)

What do you get??

- Snacks/drinks!
- Age group medals!
- Ribbons for all runners high school and under
- Fully automatic timed event (meet sanctioned by USATF!)
- T-shirt!

* MUST BE REGISTERED ON/BEFORE JUNE 1 TO GET SHIRT!!!!